

Rural Health Pathways

SHOWCASE

Interested in a career in medicine, nursing or allied health?



**SEE IT
TRY IT
DO IT**

YEARS 9-12 STUDENTS • FREE TO ATTEND



ICC DARLING HARBOUR

THURS 3 SEPT

Welcome

to the Rural Health Pathways Showcase

HOW TO USE THIS PROGRAM

1 Read the Event Map

See the event map to locate the zones for the Expo, Chat Corner, Keynote speaker and Workshops.

2 Follow Your Group Schedule

- Your group letter is printed on your name badge.
- Find your group letter in the schedule on the insert.
- Move to the listed zone or session at the start of each time slot.
- Stick to your group to make sure you attend all required sessions.

3 Know Your Sessions

Workshops: Hands-on activities and information sessions.

Expo: Meet exhibitors from universities, training providers, and industry.

Chat Corner: Relaxed Q&A with professionals and students in the field.

4 Session Timing

Chimes will signal the end of each session – move quickly to your next location.

5 Ask for Help

Event staff (in navy RDN Health shirts) can help if you're unsure where to go.

6 Tips

Take notes – this helps you remember details later.

Note: Details are subject to change.

WELCOME

RDN – The Charity for Health Access proudly supports the World Health Organization's goal of achieving a world in which all people have access to the full range of quality health services they need, when and where they need them, without financial hardship.

From its foundational operations in country areas and ongoing engagements in under-resourced metropolitan areas to its national and international collaborations, RDN has spent nearly 40 years partnering with health professionals to improve health outcomes for Australians.

Throughout the day, you'll meet inspiring students and professionals already working in the field, connect with universities, training providers and peak bodies, and take part in hands-on workshops that bring real-world scenarios to life. These experiences will help you understand the skills needed to thrive in this rewarding sector.

Whether your interest lies in medicine, nursing, Aboriginal health, allied health, dentistry, pharmacy, paramedicine or any other roles that sustain rural communities, RDN is here to support you on your journey – providing connections, advice, programs and scholarships to help you take the next step toward a fulfilling and impactful career in rural health.

This Rural Health Pathways Showcase is your opportunity to explore diverse study and career pathways, ask questions, and picture yourself making a real difference. We hope you can make the most of it and look forward to supporting your career journey.



Amy Brown
Chief – Health Access Enterprises

STAY CURIOUS & ASK QUESTIONS!



For more information visit our
High School Students webpage:
ruraldocctors.org/site/high-school

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WORKSHOPS

Take the opportunity to participate in an interactive information session or a hands-on activity, offering an immersive 'day-in-the-life' perspective of various health careers.

Workshop name	Run by
Cannulation	Charles Sturt University, Three Rivers Department of Health
Clinical activities	Royal Flying Doctor Service South Eastern Section
Eye imaging	Optometry Australia
Medical Entry myths busted	MedEntry UCAT prep
Midwifery	University of Technology Sydney
Paediatric Nursing	University of Technology Sydney
Paramedicine 'Day-in-the-life'	University of Tasmania
Pathology in action & Clues – Professor Plum	NSW Health Pathology
More than medicines: Step into rural pharmacy	The Pharmacy Guild of Australia
Physiotherapy 'Day-in-the-life'	University of Technology Sydney
Rural Generalist clinical skills	Australian College of Rural and Remote Medicine
Health Science Discovery Lab	The University of Notre Dame Australia



SHOWCASE

KEYNOTE SPEAKER

Dr Rand Younes



Dr Rand Younes is a Sydney-based dentist, healthcare entrepreneur and oral health advocate.

After migrating to Australia at age 11 with little English, she became school dux, achieved an ATAR of 99 and ranked second in NSW for English. At just 17 she founded Pearly to improve access to dental care for regional and vulnerable communities before studying dentistry at Charles Sturt University in Orange.

Today, Pearly has reached more than 150,000 children and treated over 40,000. Dr Younes is a 2026 NSW Young Australian of the Year nominee and the youngest recipient of the global Top 100 Doctors award.

CHAT CORNER

This is your chance to ask questions, hear personal stories, gain insights into what it's really like to study and work in health. Use this time to connect, explore new ideas, and be inspired by people who've been where you are now.

Audiometry
Biotechnology
Caring
Counselling & Mental health
Dentistry & Oral Health
Dietetics & Nutrition

Health Administration
Medical Sciences
Medicine
Nursing & Midwifery
Optometry
Paramedicine

Pathology & Forensic Pathology
Physiotherapy
Psychology
Sports & Exercise & Fitness



**PLEASE
SHARE YOUR
FEEDBACK**

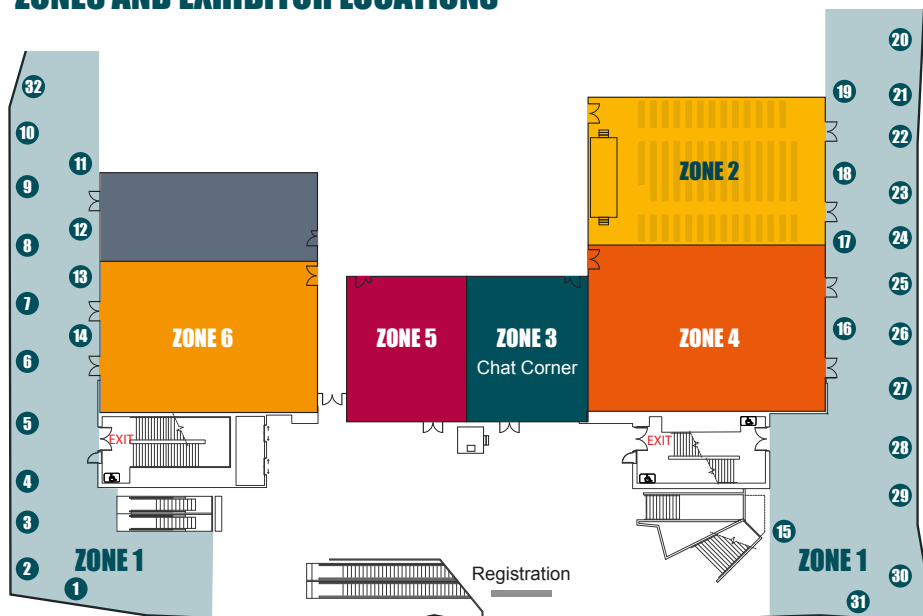


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EXHIBITOR STANDS

- 18 Aboriginal Health & Medical Research Council of NSW
- 19 Ageing Australia
- 21 The Australasian Association and Register of Practicing Nutritionists
- 15 Australian Catholic University
- 6 Australian College of Rural and Remote Medicine
- 29 Australian Defence Force Careers
- 25 Australian Health Practitioner Regulation Agency
- 24 Australian National University
- 12 Bond University
- 30 Charles Sturt University, Three Rivers Department of Health
- 5 Dietitians Australia
- 23 Macquarie University
- 13 MedEntry UCAT Prep
- 10 National Rural Health Student Network
- 26 NSW Health Pathology
- 27 Optometry Australia
- 17 Pearly Australia
- 28 The Pharmacy Guild of Australia
- 7 Royal Australasian College of Physicians
- 2 Royal Flying Doctor Service of Australia South Eastern Section
- 3 RDN Health
- 20 TAFE NSW
- 32 The Royal Australian College of General Practitioners
- 31 The University of Notre Dame Australia
- 11 Torrens University Australia
- 22 University of Newcastle
- 1 University of New South Wales Medicine and Health
- 9 University of New England
- 8 University of New England Partnerships
- 4 University of Tasmania
- 16 University of Technology Sydney
- 14 Western Sydney University, Faculty of Health

ZONES AND EXHIBITOR LOCATIONS



PREMIUM EXHIBITORS



SUPPORTED BY



ruraldoctors.org/site/students

students@rdnhealth.org